

# ...Spiraling Toward the Solstice...



## Sacred Circle Dance Gatherings September - December, 2010

### September

Sunday, Sept. 5, 3:00pm: **Sacred Circle Dance with guest teacher Tarleton Brooks**,  
Yoga Haven, 12 Forest Court, Knoxville

Saturday, Sept. 11, 7:15pm: **LongDance**, Aspen Health & Healing Center, Oak Ridge

### October

Sunday, Oct. 3, 3:00pm: **Sacred Circle Dance**, Yoga Haven, 12 Forest Court, Knoxville

Saturday, Oct. 9, 6:00pm: **Dancing 'Round the Labyrinth**,  
3612 Clayfield Lane, Solway



### November

Sunday, Nov. 7, 3:00pm: **Sacred Circle Dance**, Yoga Haven, 12 Forest Court, Knoxville

Saturday, Nov. 13, 7:15pm: **LongDance**, Aspen Health & Healing Center, Oak Ridge

### December

Sunday, Dec. 5, 7:00pm: **Winter Solstice Sacred Circle Dance!**

Knoxville Square Dance Center

Saturday, Dec. 18, 7:15pm: **LongDance**, Aspen Health & Healing Center, Oak Ridge

**Sacred Circle Dances** are traditional, seasonal dances from a wide variety of cultures and peoples. They range in mood from light and silly to deep and powerful. The **LongDance** is a meditative dance experience using rich and evocative sacred music from many different spiritual traditions. All dances are taught and no partner or experience are necessary. For more information, call Kevin Meyer at 694-3906 or visit [www.InTheDance.com](http://www.InTheDance.com)

