



**Dancing with Hope**

**Dancing for Peace**

**Sacred Circle Dance Gatherings**  
**January – April, 2010**

**January**

Sunday, Jan. 3, 3:00pm: Sacred Circle Dance, Yoga Haven, 12 Forest Court, Knoxville

Saturday, Jan. 9, 7:15pm: LongDance, Aspen Health & Healing Center, 119 Central Ave,  
Oak Ridge

**February**

Feb. 20 – 21: **Circle Dance Weekend with Stefan & Bethan Freedman**,  
Broadway Academy of Performing Arts, Knoxville

**March**

Sunday, March 7, 3:00pm: Sacred Circle Dance, Yoga Haven, 12 Forest Court, Knoxville

Saturday, March 13, 7:15pm: LongDance, Aspen Health & Healing Center, 119 Central Ave,  
Oak Ridge

**April**

Sunday, April 4, 3:00pm: Sacred Circle Dance, Yoga Haven, 12 Forest Court, Knoxville

Saturday, April 10, 7:15pm: LongDance, Aspen Health & Healing Center, 119 Central Ave,  
Oak Ridge

**Sacred Circle Dances** are traditional, seasonal dances from a wide variety of cultures and peoples. They range in mood from fun and lighthearted to deep and powerful. The **LongDance** is a meditative dance experience using rich and evocative sacred music from many different spiritual traditions. All dances are taught and no partner or experience are necessary. For more information, call Kevin Meyer at 694-3906 or visit [www.InTheDance.com](http://www.InTheDance.com)